

# Farway Church of England Primary School

Church Green,  
Farway, Devon,  
EX24 6EQ



Executive Headteacher:- Mrs Katie Gray

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8<sup>th</sup> December 2017

Dear Parents,

What a festive week it has been at Farway. The Christmas season is truly upon us now, as we continue to learn about the meaning and history of advent. Like busy bees, the children collaborated together, to decorate the school Christmas tree with lights and baubles, and spread the joy of tinsel about the building!

As the advent countdown continues, the children have also been opening a very special type of advent calendar, each morning. The children have been taking turns to open a miniature story book, from a Christmas Stories' advent calendar, which tells the story of the birth of baby Jesus. Can you remember which books have been opened so far? Can you tell someone at home, what happened in book number 8?

In R.E. sessions this week, the children have been further learning about the meaning of advent, by discussing and creating their own Christingles. The pupils have reflected upon the different parts of their Christingle, and have been able to identify what is represented in each creation. Explain to someone at home, what the red ribbon signifies, and why the candle is lit.

The children have also been working very hard to practise and rehearse their Christmas play which they will all be performing next Tuesday evening, in Church. They are very excited to share this delightful story, which not only tells the traditional Christmas story, but also incorporates the various celebrations and traditions, which take place around the world, at this special time. We are very much looking forward to seeing you all there, to share the 'Christmas Around the World' play with you, and to show you all the dedicated hard work, the Farway pupils have done learning their words, songs and dances.

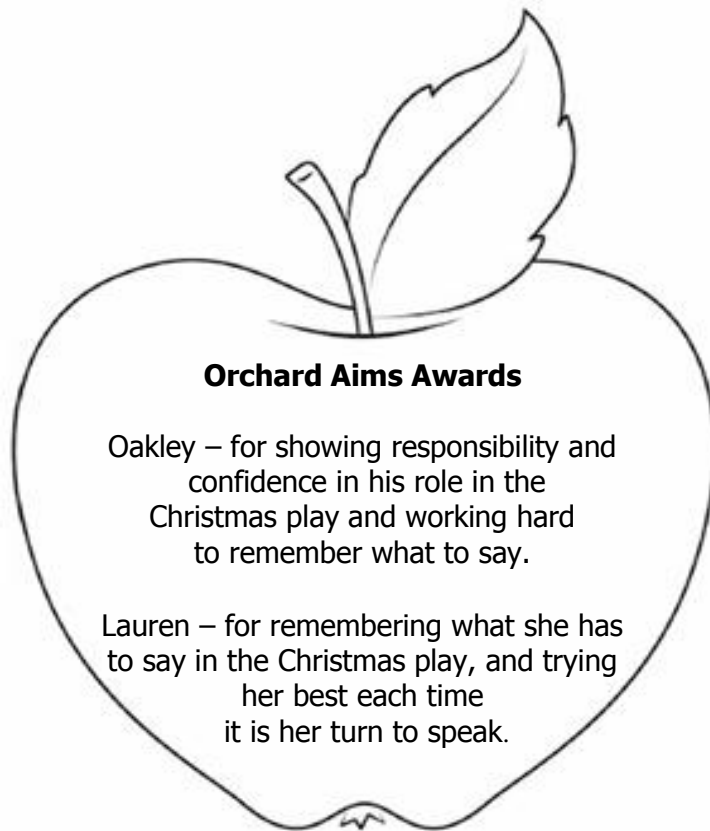
Thank you for all your continued support.

God bless and have a lovely weekend.

*Best wishes from Katie Gray and the staff at Farway CE School*

## Question of the week:

How is Christmas celebrated all around the world?



## **Key Dates**

### **Autumn Term 2017**

12<sup>th</sup> December – Christmas Play – 6pm

14<sup>th</sup> December- Open Morning for Prospective Parents -10am- 12pm

15<sup>th</sup> December- Christmas Jumper Day

19<sup>th</sup> December- End of Term

## **Christingles**

This week, on Wednesday afternoon the children enjoyed making Christingles, and talking about what the different parts of the Christingle represent. Interestingly there are many meanings behind the four cocktail sticks, including the

- 4 weeks of advent
- 4 seasons, (Spring, Summer, Autumn, Winter)
- 4 directions, (N,S,E,W)
- 4 books in the Bible (Matthew, Mark, Luke and John)



### Farway School Christmas Play

A reminder that this year's Christmas Play will take place on Tuesday 12<sup>th</sup> December at 6pm in Farway Church. Thank you.

### Christmas Jumper Day

On Friday 15<sup>th</sup> December, we will be taking part in Save the Children's, Christmas Jumper Day. Children are invited to come to school wearing a Christmas jumper, (or a decorated jumper). We suggest a donation of £1, which will go towards helping the charity protect and care for, children, all over the world.

### Family Drop in Workshop Saturday 16<sup>th</sup> December- Thelma Hulbert Gallery, Honiton.

Papercrafting Workshop. Drop in anytime between 11am and 3pm.

Join artist Kathy Norris to create Christmas decorations out of paper. Create your own festive mobiles, garlands inspired by the simplicity of Scandinavian design. There will be something for all ages. Materials provided, just bring your festive spirit! Children must be accompanied by a responsible adult. Suggested donation £2/child.

### Soccer School

Saints Southwest are running Soccer Schools during the Christmas Holidays with ALL Soccer Schools JUST £7.50 for a full course, 10am-3pm! Courses running in Paignton, Ottery St Mary, Plymouth, Langport, Taunton, Newton Abbot & Okehampton. Ages 7-12 can attend 10am-3pm. Ages 4-6 can attend 1.30pm-3pm.

To BOOK please visit [www.saintssouthwest.co.uk](http://www.saintssouthwest.co.uk) or call 01803 206350.

### Open Morning for Prospective Parents

Across the federation we are holding open mornings during December, to give prospective parents the chance to visit our schools. If you know of any families looking for a place at school, for next year, please encourage them to visit and pass the dates on to them. Thank you.

<b>Farway C of E Primary School</b>	<b>Broadhembury C of E Primary School</b>
<b>Thursday 14<sup>th</sup> December</b>	<b>Wednesday 13<sup>th</sup> December</b>
<b>10.00-12.00</b>	<b>10.00-12.00</b>
<b>01404 871239</b>	<b>01404 841304</b>
<a href="mailto:admin@farway.devon.sch.uk">admin@farway.devon.sch.uk</a>	<a href="mailto:admin@broadhembury.devon.sch.uk">admin@broadhembury.devon.sch.uk</a>

### Please order meals for \_\_\_\_\_

The menu is on the school website [www.farway.devon.sch.uk](http://www.farway.devon.sch.uk) - Please look at **week 1**.

	<b>Menu Choices for Week Beginning 11<sup>th</sup> December 2017</b>	<b>Cost £2.50 per meal</b>
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
	Amount Enclosed	<b>£</b>
	Please make cheques payable to Devon County Council	

***In accordance with our policy, if you pay for your child's meals then payments for school meals should be made on the Monday before the meals are taken.***

## Collective Worship Activity

This term we will be focussing in school on the value of Justice. We hope your family will find these ideas helpful as you explore the value and have fun together. If the children bring back something that you have done at home linked to the Collective Worship activity, or can talk about a discussion they've had at home linked to it, then Mrs Gray will award them with a new special sticker.



## FASCINATING FACTS

### The World Village

If the world was a village,  
with 100 people living in it:

- 61 people would come from Asia,  
13 from Africa, 13 from the Americas,  
12 from Europe and 1 from Australasia
- 27 of the people would be under 15 and just  
7 of them over 64
- half of the people would speak one of just 8  
languages – and the most common language would be Chinese
- 63 village people would not have running water in their homes
- 18 people would not be able to read or write
- 53 villagers would have less than £1.30 a day to live on
- there would be 18 cars in the village

### Talk with your family about ...

- what you find surprising about these statistics
- what we take for granted in our lives that many people live  
without
- what you think is **unjust**
- what you think could be done to make the world a more **just** place  
for everyone

\* Taken from current statistics by VG Business. Inspired by © If the World Were  
a Village by David J. Smith, 1990.

Please Join Us For



Presented By  
Farway Church of England Primary School

Tuesday 12<sup>th</sup> December  
6:00pm

*St Michael and All Angels church in Farway.*

*Nursery and KS1 pupils already have their costumes provided by school.*

*KS2 pupils are asked to wear smart Christmas party clothes.*

*All pupils will need to wear sensible flat shoes.*

*All pupils need to be in Church by 5:45pm at the latest please,  
to allow sufficient time for costume changing  
and getting into starting places.*

*Thank you.*



### School Nursing Service Update

The School Nursing service across Devon has been developing their service to improve access to a School Nurse and to information and support for all school aged children. We would like to take this opportunity to let you know of some of the changes that have taken place, or are due to take place, and remind you of your local School Nurse team contact details. **Find us online at:** [www.devonintegratedchildrensservices/public-health-nursing](http://www.devonintegratedchildrensservices/public-health-nursing)

For anyone who hasn't received this newsletter before, we work in partnership with schools to:

- Support the schools in the development of health policies that impact on all children and young people.
- Identify and support children and young people with medical conditions, to ensure they access the whole curriculum and are not disadvantaged.
- Ensure that school staff have the information they need to support children with health concerns. The training package we offer is now accredited and includes epilepsy awareness, asthma, and management of medicines in schools in addition to anaphylaxis and use of auto-injectors (epipens)
- Plan for support at transitions as required which includes transitions in and out of the school within the school year
- Provide appointment clinics for young people in arrangement with secondary schools
- Provide targeted hearing screens where a concern has been identified and consent gained for screening.
- Provide support, and advice in relation toileting issues, healthy lifestyles, sleep routines and mental health and wellbeing.

#### **Centralised contact points for PHN Services (PHN hubs)**

We are in the process of developing 4 PHN hubs to improve access and responsiveness. The first 2 hubs have gone live for the Southern Devon and Exeter area with further hubs for Northern Devon, and Eastern Devon due to follow in the next few months. All calls, referrals and correspondence will be directed to the hubs where business support are co-located with duty clinicians.

**Southern Hub: 0333 234 1901 Lescaze  
Offices, Shinnars Bridge, Dartington, TQ9 6JE**  
**Exeter Hub: 0333 234 1902 Franklyn  
House, Franklyn Drive, Exeter, EX2 9HS**

#### **SINGLE POINT OF ACCESS (SPA) ACCESS TO SPECIALIST SERVICES IN DEVON**

[www.integratedchildrensservices.co.uk](http://www.integratedchildrensservices.co.uk)

Tel: **0330 024 5321** Email: [vcl.devonspa@nhs.net](mailto:vcl.devonspa@nhs.net)

This includes services such as: CAMHS, Autistic Spectrum Assessment, Speech and language therapy, Occupational Therapy, physiotherapy, Learning disability Nursing and psychology, Community Children's Nursing, Palliative care, Rehabilitation Officers for Visually Impaired Children, and the Children with Disability Social Work Team.

**You can self refer and information to support this is available online or by speaking to one of the team.**

#### **Has your child had their free flu vaccination?**

Eligible children include:

- children over the age of six months with a long-term health condition
  - children aged two and three on 31 August 2017 – that is, born between 1 September 2013 and 31 August 2015
  - children in reception class and school years one, two, three and four
- Undecided? .

More information can be found online at <http://www.nhs.uk/>

You may also find it helpful to watch the following:

[https://www.youtube.com/watch?time\\_continue=7&v=T4BVqQAOOf-8](https://www.youtube.com/watch?time_continue=7&v=T4BVqQAOOf-8) (Monkey wants children to get their flu vaccine)

Is your child up to date with their vaccinations or due vaccination this year?

Age 12-13 (Year 8) 1st dose HPV (Girls only)

Age 13-14 (Year 9) 2nd dose HPV (Girls only)

Age 13-14 (Year 9) Tetanus, Diphtheria, Polio, Meningitis ACWY

Age 14-15 (Year 10) Tetanus, Diphtheria, Polio, Meningitis ACWY (anyone who didn't have this last year)

If your child has missed these vaccinations, or is due to receive any of these and not in school, please contact **the immunisations team** on **01392 356144**.



### Preventing the spread.....

Remember to wash your hands

Cough/sneeze in to tissue and put the tissues in the bin. Use arm/hand if no tissue available and then wash hands.

Stay at home if unwell

More information and resources online at <http://www.e-bug.eu/> and <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities>

### The 48 hour rule

If you or your child has had diarrhoea and/or vomiting please ensure that symptoms are clear for 48 hours before going out and about. There is a risk of spreading the infection by earlier return to school, work, leisure venues etc.

Have you downloaded the free **HANDi paediatric app** - Expert advice for common childhood illnesses?

The app contains information about when and how to ask for help, along with what to expect when your child is being assessed.

The conditions covered are:

- Diarrhoea and vomiting
- 'Chesty baby' illnesses, such as bronchiolitis, asthma and croup
- 'Chesty child' illnesses, such as wheezing and asthma
- High temperature
- Abdominal pain
- Common newborn problems

Download links:

Apple - <https://itunes.apple.com/gb/app/handi-paediatric/id969445171?mt=8>

Android - [https://play.google.com/store/apps/details?id=com.myoxygen.handi.taunton&hl=en\\_GB](https://play.google.com/store/apps/details?id=com.myoxygen.handi.taunton&hl=en_GB)

### SAFEGUARDING – EVERYONE'S RESPONSIBILITY

#### Concerned about a child?

If you have serious concerns about a child or young person, or if you need help parenting your child you can call **0345 155 1071** or email [mashsecure@devon.gcsx.gov.uk](mailto:mashsecure@devon.gcsx.gov.uk)

Out of hours please call 0845 6000 388. If it is an emergency dial 999

### YOUR SCHOOL NURSE TEAM:

Should you have any questions or concerns regarding your child's health and how they can be supported in school please contact your School Nurse.

You can contact your local School Nurse, Michelle Perryman

By ringing – 01404 816020

**We value your feedback** - Our unique Friends and Family Test code is – C8084

### Looking after our mental health is equally important.

**We all know about 5 a day but how many of our 10 a day are we getting?**

Talk about your feelings

Stay active in mind and body

Eat well

Be proud of your very being.

Do something you are good at and enjoy

Ask for help

Take a break

Keep in touch with the people you care

about

Stay hydrated

Actively care for others

Free, safe and anonymous online support for young people - <https://kooth.com/>

## SEPSIS – Do you know how to recognise the signs?

SEPSIS, also known as blood poisoning, is the reaction to an infection in which the body attacks its own organs and tissues. It is a potentially life-threatening condition, however it can be easily treated if caught early. Sepsis could occur as the result of any infection and can initially look like flu, gastroenteritis or a chest infection.

If your child is unwell with either a fever or very low temperature (or has had a fever in the last 24 hours), just ask: could it be SEPSIS?

Any child who:	Any child under 5 who:
<ul style="list-style-type: none"><li>– Is breathing very fast</li><li>– Has a 'fit' or convulsion</li><li>– Looks mottled, bluish, or pale</li><li>– Has a rash that does not fade when you press it</li><li>– Is very lethargic or difficult to wake</li><li>– Feels abnormally cold to touch</li></ul>	<ul style="list-style-type: none"><li>– Is not feeding</li><li>– Is vomiting repeatedly</li><li>– Hasn't had a wee or wet nappy for 12 hours</li></ul>

Seek medical help urgently if you develop any or one of the following:

**S**lurred speech or confusion

**E**xtrême shivering or muscle pain

**P**assing no urine (in a day)

**S**evere breathlessness

**I**t feels like you're going to die

**S**kin mottled or discoloured

**Might have SEPSIS. Call 999 and just ask: could it be SEPSIS?**

You can also find out more information at: <https://sepsistrust.org/news/what-is-sepsis/>

Please remember it is usually recommended that your child has a check up at the opticians every 1-2 years and every 6 months at the dentist.

If you do not have an NHS dentist and are having problems finding one then please contact 0333 006 3300.

If your child is asthmatic they should also have an annual review with the Practice Nurse at your GP surgery.

## ONE SMALL STEP

Are you looking to make a change to become healthier?

Do you want to:

- lose weight?
- become more active?
- Quit smoking? or
- reduce your alcohol intake?

One Small step is a tailored service for adults in Devon. It offers support when and how you need it with information, advice and guidance available online, by telephone and through coaching so you can start making small changes to feel healthier today.

Find out more at: <https://www.onesmallstep.org.uk>

To speak to a Wellness Advisor please call 0800 298 2654 (Freephone) or 01392 908 139 (Local rate) Monday to Friday 9.00am - 6.30pm or email team: [hello@onesmallstep.org.uk](mailto:hello@onesmallstep.org.uk)